

## Academy Classes

**Competition I&II (Ages 13-18)** The Competition program is an advance developmental class that provide our top juniors with all the skills necessary to compete at the highest level of competition. This class is conducted in an intense, high energy, fun and rewarding atmosphere.

**Flight I (Ages 13-18)** Our Flight I program are designed for high school varsity and beginning tournament level players. Competitive singles and doubles strategy will be introduced to our students.

**Flight II (Ages 13-18)** High school age players who've played some tennis or participated in instruction before and those who just started to play the game. The emphasis is on hitting lots of tennis balls with pro instructions and developing matchplay skills.

## Academy Classes

**A's (Ages 8-12)** Before advancing up to our competitive Flight program, juniors at this level will be honing their skills to be competitive players in actual matchplay situations. This class consists of proper technique, drilling, and developing

strategy.

**B's (Ages 8-12)** This class is designed for intermediate juniors. Typically, these players have some playing experience. We require that these players are able to serve and sustain a rally from the baseline and keep track of the score. Along with professional instruction and matches, these players will become well rounded on the rules of tennis.

**C's (ages 7-9)** The fun and excitement continues at this next stage for our younger players who've participated in the Pee Wees or are just beginning tennis. Much of the class time will be spent on stroke production and footwork.

**Pee Wees (Ages 5-6)** This program is design to introduce children to this great game of tennis. The main emphasis is to keep things fun and exciting for the players. Juniors will focus on hand eye coordination, movement and hitting skills

## The Cottonwood Club Tennis Academy

Mini Spring Session  
2023 April 24th– June 3rd  
(6 weeks session)  
Boys & Girls age 5-18



1780 East Lakewood  
Drive Holladay, Utah  
84117

Phone #: (801) 277-2691

### Junior Development Programs

*Please read the other side for class descriptions.*

#### Competition I&II (By invitation only) Time:

Monday & Wednesday 5:00 -7:00PM

Cost: 1 X Per Week = \$162

2 X Per Week = \$324

#### Flight I & Flight II

Time: Tuesday & Thursday 5:00 - 6:30PM

Cost: 1 X Per Week = \$150

2 X Per Week = \$300

#### A's

Time: Tuesday & Thursday 5:00 - 6:30PM

Cost: 1 X Per Week = \$150

2 X Per Week = \$300

**B's**

**Time:** Monday & Wednesday 4:00 – 5:00PM

**Cost:** 1 X Per Week = \$102

2 X Per Week = \$204

**C's**

**Time:** Tuesday & Thursday 4:00-5:00PM Saturday 11 – 12 PM

**Cost:** 1 X Per Week = \$102

2 X Per Week = \$204

3 X Per Week = \$306

**Pee Wees**

**Time:** Thursday 4:00-4:45PM Saturday 10:00 - 10:45AM

**Cost:** 1 X Per Week = \$102

2 X Per Week = \$204

**The Cottonwood Club**  
**Teaching Professionals**

*Brendan Bowyer*

*Mark Dang*

*Jason Newell*

*Austin Newell*

*Ahmed Mohammed*

*Kourtney Young*

*Milo Headden*

*Micah Alba*

*Azeem Mohammed*



Teaching professionals will place players in the appropriate level. **Players can challenge to move up to the next level.** The club's professionals retain the right to make any adjustments based on: Attitude, Performance, and Dedication.

**The Cottonwood Club**

Mini Spring Session 2023

Tennis Registration Form

April 24th – June 3rd

(6 weeks session)

Full Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Phone # \_\_\_\_\_

E-Mail (notification purpose)

\_\_\_\_\_

Member # \_\_\_\_\_ Program fees will be charge to your account.

Non-Members, please add \$8 per lesson

**Please circle the junior program and day(s) you would like to attend.**

Front Desk Staff: \_\_\_\_\_

Amount Paid \$ \_\_\_\_\_

Date: \_\_\_\_\_ Receipt #: \_\_\_\_\_

Any questions or concerns, please contact The Tennis Office @ 277-2691

***Thank You for supporting The Cottonwood Club junior academy.***